



The Freedom Programme

Do you think your past or present relationship is abusive?

Have you been or are you in a controlling relationship?

Our Women's course will...

- Identifies healthy and unhealthy relationships.
- Helps you to identify trait and warning signs of abuse.
- Help you gain support from staff and other women.
- Allow access to a range of resources advice and information.



Children and Family
Wellbeing
Service



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For more information
please call us on
01772 532930