



Middleforth Church of England Primary School



Friday 5th July Newsletter

Dear Parents/Carers,

What an amazing week at Middleforth. This week we have seen four pupils from Year 5 and 6 represent school at a Maths competition. They were incredible and Mrs Allton was very proud of their efforts. Mr Day also took four Year 5 pupils to a Science competition and again they were amazing and we came first.

We also welcomed our new reception children on Tuesday and they all stayed on their own and settled into school really well. On Wednesday, each class moved up into their new classrooms and spent the afternoon with their new teachers. It was really lovely to walk round and see everyone looking very grown up and happy in their new classes, well done everyone.

Finally, as the weather continues to change by the hour, please can you ensure your child has a coat in school each day as we will be outside at break and lunchtimes. Thank you everyone,
Mrs Pilkington

★ Stars of the Week ★

Nursery - Eden, Peyton,
Joshua & Nathan
Rec - Chloe & Eric
Y1 - Isaac & Ilinca
Y2 - Isla B & Listy
Y3 - Lola & Marty
Y4 - Kora & Amber
Y5 - Phoebe & Jacob R
Y6 - Leo & Anashe



Target 96%

| | |
|--------------|--------------|
| Reception | 94.7% |
| Year 1 | 98.7% |
| Year 2 | 95.3% |
| Year 3 | 97.6% |
| Year 4 | 92.1% |
| Year 5 | 95.2% |
| Year 6 | 94.0% |
| Total | 95.4% |

Staffing September 2024

Nursery - Mrs Cowell and Miss Whiley

Reception - Miss Stritch, Mrs Partington (Monday), Mrs Smith and Mrs Makepeace

Year 1 - Miss Morley, Mr Bland and Mrs Mansfield

Year 2 - Mr Noblet and Mr Day

Year 3 - Miss Turner (until April 2024 when Mrs Gordon returns),
and Mrs Laithwaite

Year 4 - Mrs Parker and Mrs Darbyshire

Year 5 - Mrs Powers (Autumn term until Mrs Anderson returns) and Miss Bobb and
Miss Brown

Year 6 - Miss Howarth and Miss Wilde

HLTA - Mrs Partington



Minis - What we want be when we grow up!



Key Dates

Please ensure you check Class Dojo - Calendar for all up coming events in school.

Monday 8th July- Whole School Athletics

Thursday 11th July- End of Year reports sent home

Monday 15th July at 2pm- Rock Steady Concert for parents

Monday 15th July at 3:30pm - Drop in session for parents to discuss end of year reports.

Thursday 18th July- End of Year service in School



THANK YOU!

A huge thank you to our PTFA for their help and support with the summer disco last night. We wouldn't be able to offer everything we do at Middleforth without these funds raised at PTFA events. Thank you again to all the staff who also stayed and helped and for all our families for continuing to support these events.

School Day

Earlier in the year we consulted with parents regarding the length of the school day as per DfE guidance to make sure every school has a minimum school week of 32.5 hours. To ensure we meet this from September the school day will start at **8:50am**. This is when the register will be taken in class and the school gates will have closed a few minutes before to ensure children are on time.

The school day will end at **3:20pm**. This mean each day has increased by 10 minutes.



LET YOUR LIGHT SHINE - MATTHEW 5:16

SCARECROW MAKING



Scarecrow Making at St Leonard's Church -
Saturday 6 July from 10.00am

You are invited to come along and help make scarecrows to be put in the church grounds as part of the Penwortham Scarecrow Trail. We have chosen a Gardening theme. We need a variety of old clothing , eg; long sleeved shirts, pants, skirts, cardigans. We especially need hats, caps and old wellington boots. We also need newspapers, rolls of old wallpaper and empty large pop bottles to stuff the scarecrows.

There will be drinks and sausage & bacon barmms provided on the Saturday.

COME ALONG AND HAVE A FUN MORNING !!!

SCOUTS

COLOUR 2024 RUN

SUNDAY 21ST JULY

11AM - 3PM

£10 PER PERSON

MIDDLEFORTH C OF E
PRIMARY SCHOOL
HILL ROAD SOUTH
PENWORTHAM, PR1 9YE



LET YOUR LIGHT SHINE - MATTHEW 5:16

Jump Back Up July 2024

MONDAY

1 Take a small step to help overcome a problem or worry

TUESDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

WEDNESDAY

3 Be willing to ask for help when you need it

THURSDAY

4 Find something to look forward to today

FRIDAY

5 Get the basics right: eat well, exercise and go to bed on time

SATURDAY

6 Pause, breathe and feel your feet firmly on the ground

SUNDAY

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

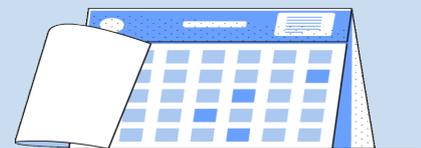
31 Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS

Happier · Kinder · Together

School term and holiday patterns



Summer Term 2024

School closes on Friday 19th July 2024 at 2pm

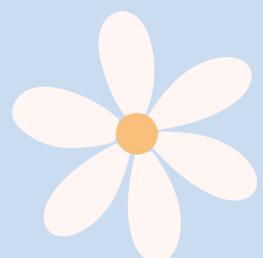
2024-2025

Autumn Term

School re-opens Tuesday 3rd September 2024
 Mid-term closure Monday 21st October - Monday 28th October 2024
 School re-opens Tuesday 29th October 2024
 School Closes Friday 20th December 2024 at 2pm

Spring Term

School re-opens Monday 6th January 2025
 Mid-term closure Monday 17th February - Friday 21st February 2025



LET YOUR LIGHT SHINE - MATTHEW 5:16